

# Attachment B

## Ringgold School District

### Athletic Department

#### Participation Waiver for Communicable Diseases Including COVID-19

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The COVID-19 pandemic has presented all Athletic Department's with countless challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control (CDC), among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests here are many steps schools can take to reduce the risks to students, coaches, and their families.

The Ringgold School District will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, Pennsylvania Department of Health (DOH), as well as the National Federation of High Schools (NFHS), and Pennsylvania Interscholastic Athletic Association (PIAA) to safeguard the participants and staff of our athletic programs. The Ringgold School District realizes knowledge regarding COVID-19 is constantly changing, as new information and treatments become available. The recommendations below will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

The following recommendations are mandatory for **all phases** for Middle School and High School Athletics during the COVID-19 pandemic. These recommendations include but may not be limited to:

1. All student athletes, coaches, and staff will undergo a COVID-19 health screening prior to any practice, event, or team meeting.
  - a. The purpose of the health screening is to check each individual for signs and symptoms of COVID-19.
  - b. This health screening will involve temperature check and COVID-19 questions.
  - c. The location of this health screening will be announced prior to the practice or event.
2. Promote healthy hygiene practices to limit the spread of COVID-19 including:
  - a. Hand washing (20 seconds with warm water and soap)
  - b. Students should wear a face covering (masks or face shields) when feasible (Face coverings will not be required for athletes while practicing or competing).
  - c. Coaching staff and other adult personnel should wear face coverings (masks or face shields) at all times, unless doing so jeopardizes their health.
  - d. Use hand sanitizer.
3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, when feasible.
5. Educate athletes, coaches, and staff on health and safety protocols.
  - a. These protocols include:
    - i. Information about the COVID-19 health screening
    - ii. Promoting healthy hygiene

- iii. Signs and Symptoms of COVID-19 and what to do if COVID-19 is suspected in an individual
  - iv. Review Social Distancing
  - v. Review facility entrance and exit plans
  - vi. Review hydration plans
6. Anyone who is sick, displaying symptoms of COVID-19, or having a fever/temperature of 100.4 degrees or higher must stay home.
  7. Follow the plan for a student or employee who gets sick.
  8. Regularly communicate and monitor developments with local authorities, coaches, staff, and families regarding cases, exposures, and updates to policies and procedures.
  9. Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared. Disposable cups will not be provided.
  10. Personal protective equipment (PPE) will be used as needed and situations warrant, or determined by local/state governments. These items include gloves, face masks, and eye protection.
  11. Student caregivers should identify their children and the District's primary contact should identify their staff who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions such as:
    - Age 65 or older
    - Lung disease, moderate-severe asthma
    - Serious heart conditions
    - May be immunocompromised
    - Obesity
    - Diabetes
    - Kidney or liver disease

I understand that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, Influenza, and COVID-19. While particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation. **Understanding these risks, I hold harmless the Ringgold School District and waive any claims that either myself or my child may have against the Ringgold School District should I or my child contract any communicable disease as a result of my child's participation in athletic activities in the Ringgold School District.** I willingly agree to comply with the stated recommendations put forth by the Ringgold School District to limit the exposure and spread of COVID-19 and other communicable diseases.

Print Student's Name: \_\_\_\_\_

Sport: \_\_\_\_\_ Student's Grade: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Student Athlete: \_\_\_\_\_ Date: \_\_\_\_\_

\*A full copy of the Ringgold School District's Athletics & Activities Health and Safety can be found on the district website.

Contact Laura Grimm, Athletic Director at [lgrimm@ringgold.org](mailto:lgrimm@ringgold.org).